

TABLE 1. Number, incidence rate<sup>1</sup>, and median days<sup>2</sup> away from work for nonfatal occupational injuries and illnesses involving days away from work<sup>3</sup> for musculoskeletal disorders<sup>4</sup> by nature of injury or illness and ownership, New Jersey, 2014

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
<b>Total private industry</b> <sup>5,6,7</sup> .....	9,140	34.1	11
<b>Traumatic injuries and disorders</b> .....	8,810	32.9	11
Traumatic injuries to muscles, tendons, ligaments, joints, etc. ....	6,580	24.6	11
Dislocations .....	80	.3	141
Herniated discs .....	80	.3	141
Cartilage fractures and tears .....	60	.2	40
Meniscus tears .....	60	.2	40
Sprains, strains, tears .....	6,210	23.2	9
Sprains, strains, tears, unspecified .....	910	3.4	18
Major tears to muscles, tendons, ligaments .....	310	1.1	65
Sprains .....	1,300	4.8	9
Strains .....	3,580	13.4	6
Multiple sprains, strains, tears .....	110	.4	10
Hernias due to traumatic incidents .....	230	.9	42
Other traumatic injuries and disorders .....	2,220	8.3	13
Nonspecified injuries and disorders .....	2,220	8.3	13
Soreness, pain, hurt—nonspecified injury .....	2,100	7.9	12
Swelling, inflammation, irritation—nonspecified injury .....	80	.3	39
Numbness—nonspecified injury .....	30	.1	14
<b>Diseases and disorders of body systems</b> .....	330	1.2	23
Nervous system and sense organs diseases .....	140	.5	23
Disorders of the peripheral nervous system .....	140	.5	23
Carpal tunnel syndrome .....	140	.5	23
Musculoskeletal system and connective tissue diseases and disorders .....	160	.6	19
Dorsopathies .....	20	.1	38
Sciatica .....	20	.1	3
Soft tissue disorders, except the back .....	130	.5	12
Epicondylitis .....	50	.2	35
Other or unspecified tendonitis (tendinitis) .....	50	.2	12
<b>Total state government</b> <sup>5,6,7</sup> .....	580	57.8	19
<b>Traumatic injuries and disorders</b> .....	570	56.8	19
Traumatic injuries to muscles, tendons, ligaments, joints, etc. ....	470	47.2	20
Sprains, strains, tears .....	470	46.7	20
Major tears to muscles, tendons, ligaments .....	40	3.7	180
Sprains .....	160	15.6	9
Strains .....	250	25.0	20
Other traumatic injuries and disorders .....	90	9.4	14
Nonspecified injuries and disorders .....	90	9.4	14
Soreness, pain, hurt—nonspecified injury .....	90	9.3	14
<b>Total local government</b> <sup>5,6,7</sup> .....	1,890	65.0	10

See footnotes at end of table.

**TABLE 1. Number, incidence rate<sup>1</sup>, and median days<sup>2</sup> away from work for nonfatal occupational injuries and illnesses involving days away from work<sup>3</sup> for musculoskeletal disorders<sup>4</sup> by nature of injury or illness and ownership, New Jersey, 2014 — Continued**

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
<b>Traumatic injuries and disorders</b> .....	1,860	63.9	9
Traumatic injuries to muscles, tendons, ligaments, joints, etc. ....	1,440	49.3	11
Cartilage fractures and tears .....	30	.9	48
Meniscus tears .....	30	.9	48
Sprains, strains, tears .....	1,350	46.4	9
Sprains, strains, tears, unspecified .....	100	3.3	6
Major tears to muscles, tendons, ligaments .....	110	3.9	68
Sprains .....	330	11.4	8
Strains .....	790	27.0	8
Multiple sprains, strains, tears .....	20	.8	7
Hernias due to traumatic incidents .....	50	1.6	37
Other traumatic injuries and disorders .....	420	14.4	8
Nonspecified injuries and disorders .....	420	14.4	8
Soreness, pain, hurt—nonspecified injury .....	410	13.9	7
<b>Diseases and disorders of body systems</b> .....	30	1.1	50
Nervous system and sense organs diseases .....	20	.6	58
Disorders of the peripheral nervous system .....	20	.6	58
Carpal tunnel syndrome .....	20	.6	58

<sup>1</sup> The incidence rates represent the number of injuries and illnesses per 10,000 full-time workers and were calculated as (N/EH) x 20,000,000, where

N = number of injuries and illnesses  
 EH = total hours worked by all employees during the calendar year  
 20,000,000 = base for 10,000 equivalent full-time workers  
 (working 40 hours per week, 50 weeks per year).

<sup>2</sup> Median days away from work is the measure used to summarize the varying lengths of absences from work among the cases with days away from work. Half the cases involved more days and half involved fewer days than a specified median. Median days away from work are represented in actual values.

<sup>3</sup> Days-away-from-work cases include those that resulted in days away from work, some of which also included job transfer or restriction.

<sup>4</sup> Musculoskeletal disorders include cases in which the nature of the injury or illness is pinched nerve; herniated disc; meniscus tear; sprains, strains, tears; hernia (traumatic and nontraumatic); pain, swelling, and numbness; carpal or tarsal tunnel syndrome; Raynaud's syndrome or phenomenon; musculoskeletal system and connective tissue diseases and disorders, and when the event or exposure leading to the injury or illness is overexertion and bodily reaction, unspecified; overexertion involving outside sources; repetitive motion involving microtasks; other and multiple exertions or bodily reactions; and rubbed, abraded, or jarred by vibration.

<sup>5</sup> Excludes farms with fewer than 11 employees.

<sup>6</sup> Data for Mining (Sector 21 in the *North American Industry Classification System*-- United States, 2012) include establishments not governed by the Mine Safety and Health Administration rules and reporting, such as those in Oil and Gas Extraction and related support activities. Data for mining operators in coal, metal, and nonmetal mining are provided to BLS by the Mine Safety and Health Administration, U.S. Department of Labor. Independent mining contractors are excluded from the coal, metal, and nonmetal mining industries. These data do not reflect the changes the Occupational Safety and Health Administration made to its recordkeeping requirements effective January 1, 2002; therefore, estimates for these industries are not comparable to estimates in other industries.

<sup>7</sup> Data for employers in rail transportation are provided to BLS by the Federal Railroad Administration, U.S. Department of Transportation.

Note: Dash indicates data do not meet publication guidelines. Because of rounding and data exclusion of nonclassifiable responses, data may not sum to the totals.

Source: U.S. Bureau of Labor Statistics, Survey of Occupational Injuries and Illnesses, in cooperation with participating state agencies.